

HESTERS FAMILY FITNESS AND RECREATION CENTER
INDOOR ROCK CLIMBING
RELEASE AND WAIVER

In consideration for the opportunity to participate in and to be instructed in rock climbing and associated activities and in consideration that safe methods of instruction will be provided, and with the recognition that wall/rock climbing can be dangerous, that I am engaged in such an activity voluntarily and of my own free will, and also that I am not being compelled to engage in any particular activity, and that I may decline at any time to participate and/or stop the instruction at any time, and recognizing that my safety depends upon my own abilities and composure, I hereby:

For myself, my executors, administrators and assigns, I release and discharge Kentucky Karate, Inc., Hesters Family Fitness and any other affiliates from any and all claims and causes of action for damages, demands, or whatever causes of action may arise out of my participation and attendance in rock/wall climbing.

I understand that wall/rock climbing, by its nature, is potentially hazardous and dangerous, I understand that by accepting this instruction I am personally responsible for the proper use of this instruction and assume all risks and accept complete and full responsibility for any and all damages and injuries, including death, that may result from the use of this instruction. I understand that I am only instructed in some of the basics of rock climbing and that I am not qualified, in any way, to climb on my own without a qualified person who is well versed in safety procedures.

I certify that I am physically fit to participate in this activity.

Additionally, I certify that I have read and understand this waiver and release.

Name: _____

Print Name: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Signature: _____ Date: _____

If participant is under the age of 18
Parent or Guardian

Print Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Signature: _____ Phone: _____

Date: _____